

Mölnlycke® Z-Flo™ Adult Fluidized Positioner Product Application Guide

Turning-Lateral



Suggested Patient Inclusion Criteria¹:

- Braden Score ≤ 18
- OR:
- Braden Subscore:
 - Mobility ≤ 2
 - Activity ≤ 2
 - Friction = 1
- Ventilated/sedated
- Abnormal body posturing
- Paralytics
- Vasopressors

Facility Recommendations:

- Follow your facility's safe handling policies and procedures for patient positioning
- Label positioners with date and patient's name using an indelible marker
- Positioners are single patient use but can travel with the patient across the continuum of care²
- When soiled, clean positioner with a hospital-approved disinfectant
- If accidentally cut or punctured, clean up the contents with a degreaser (contact Housekeeping) and replace product

Always:

- ✦ Start with a flattened positioner for initial positioning and/or repositioning
- ✦ Cover positioner with a layer of linen or a disposable covering



1. Choose a positioner that runs the length of the patient's shoulders to sacrum.
2. Turn patient just past the desired angle and place positioner against the support surface where it meets the patient's back. The positioner should extend from the patient's shoulders to sacrum.



3. Allow the patient to slightly roll back onto the positioner at the desired angle and then, using flat hands, mold the positioner to the patient's back.



4. Ensure the patient's body is in neutral alignment. For patients in a side-lying position, separate the knees and ankles with a positioner or pillow.

Healthcare professionals agree that effectively positioning and repositioning a patient is the cornerstone of pressure injury prevention.¹ Repositioning safely protects both patients and their caregivers.³

How do fluidized positioners work?

Fluidized positioners are used to redistribute skin pressure and reduce friction and shear while supporting the patient's body in a comfortable position until time to reposition again. Fluidized positioners uniquely conform to the patient's body, responding three-dimensionally without predisposition to any shape, unlike a pillow. Fluidized positioners are not subject to the effect of gravity, as are bean-bag positioners and other tools. Fluidized positioners are designed to remain with the patient across the care continuum.²

- Easily moldable and remoldable
- Maintains its shape
- Adaptable to multiple anatomical sites
- Non-Latex and DEHP Free
- Single patient use only

Mölnlycke®

Z-Flo™ Fluidized Positioner - Adult

Product code	Description	Dimensions	Pcs/case
1401003	Utility Positioner - Medium with tab	16" x 30"	1
1401011	Utility Positioner - Medium	16" x 30"	1
1401005	Utility Positioner - Large	25" x 36"	1

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References 1. National Pressure Ulcer Advisory Panel, European Pressure Ulcer Advisory Panel, and Pan Pacific Pressure Injury Alliance. Prevention and Treatment of Pressure Ulcers. Clinical Practice Guidelines. Emily Haeslar (Ed). Cambridge Media: Perth Australia, 2014. Ppg 68-72;91-101. 2. Brennan, M and Laconti, D. Using Conformational Positioning to Reduce Hospital-Acquired Pressure Ulcers. Journal of Nursing Quality, 2013 3. Walters, T., Short, M., Lloys, J. et al. AORN Ergonomic Tool 2: Positioning and Repositioning the Spine Patient on the OR Bed. AORN Journal, April 2011 Vol93 No4

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