

### Mepilex Border Sacrum Application Quiz

1. A skin barrier should NOT be applied prior to placement of the sacral dressing.  
True  
False
2. There is no need to assess the patient's anatomy to determine correct placement at the gluteal cleft.  
True  
False
3. It is important to document the application of the sacral dressing per facility protocol.  
True  
False
4. The dressing should not be pulled back to assess the skin.  
True  
False
5. Put the steps of the application process in the correct order.
  - Determine appropriate size of dressing to utilize
  - Clean and dry skin to ensure skin products are removed
  - Hold the buttock apart
  - Apply dressing to the sacral area and into the upper aspect of the gluteal cleft
  - Assess area of skin to be protected
  - Remove the side release films and smooth dressing into place
  - Determine appropriate placement (invert the heart if there are issues with incontinence)
  - Remove the center release film of the dressing
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Answer –

1. Assess area of skin to be protected
2. Determine appropriate size of dressing to utilize
3. Determine appropriate placement (invert the heart if there are issues with incontinence)
- 4.. Clean and dry skin to ensure skin products are removed
5. Remove the center release film of the dressing
6. Hold the buttock apart
7. Apply dressing to the sacral area and into the upper aspect of the gluteal cleft
8. Remove the side release films and smooth dressing into place