

Z-Flex Fluidized Heel Boot Application Quiz

1. The Molnlycke Z-Flex Boot can aid in the prevention of _____.
 - A. Heel pressure injuries
 - B. Malleolus pressure injuries
 - C. Leg immobility
 - D. None of the above
2. The Molnlycke Z-Flex Boot was designed to be easy to use, comfortable, and _____.
 - A. Pad the heel
 - B. Lift the heel
 - C. Immobilize the Achilles
 - D. Protect the toes
3. The Molnlycke Z-Flex Boot includes a combination of a single low pressure chamber and a _____.
 - A. Rigid calf strap
 - B. Plantar foot plate
 - C. Detachable ankle strap
 - D. Fluidized positioner
4. The fluidized positioner in the Molnlycke Z-Flex Boot protects the Achilles and _____.
 - A. Lifts the heel
 - B. Prevents external rotation
 - C. Prevents foot drop
 - D. Prevents internal rotation
5. The Molnlycke Z-Flex Boot uses _____ to redistribute pressure from the heel and Achilles to the lower leg and foot.
 - A. Foam padding
 - B. Positive air displacement
 - C. Fluidized positioner
 - D. Ankle strap
6. The Molnlycke Z-Flex Boot should always be removed before the patient stands up.
 - A. True
 - B. False
7. Fitting of the Molnlycke Z-Flex Boot can be confirmed by slipping finger between the leg and the boot.
 - A. False
 - B. True
8. Any lines or tubing should be brought out of the boot through the _____.
 - A. Side strap opening
 - B. Foot gate
 - C. Top of the boot
 - D. Under the ankle strap